

## Verses to Ponder

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I will lie down and sleep in peace,  
for You alone, O Yehovah, make me dwell in safety.  
(Psalm 4:8)

He will not let your foot slip —  
He who watches over you will not slumber;  
indeed, He who watches over Israel  
will neither slumber nor sleep.  
(Psalm 121:3-4)

In vain you rise early and stay up late,  
toiling for food to eat —  
for He grants sleep to those he loves.  
(Psalm 127:2)

When you lie down, you will not be afraid;  
when you lie down, your sleep will be sweet.  
(Proverbs 3:24)

The sleep of a laborer is sweet,  
whether he eats little or much,  
but the abundance of a rich man  
permits him no sleep.  
(Ecclesiastes 5:12)